

Course	Name	Club	Age Class	Faulds Brow (BL)	Barrow Fell (LOC)	Blea Tarn (WCOC)	Dalegarth (WCOC)	Yewdale (LOC)	Threlkeld (WCOC)	Cockup (WCOC)	Grizedale North (LOC)	Bleaberry Fell (WCOC)	Best 5	Total for Course
Brown	Daniel Spencer	WCOC	M18		98	96	95	97	99	99			489	2319
Brown	Simon Hunter	WCOC	M45	98	96	93	97	98		96			485	
Brown	Ben Breeze	WCOC	M18		95	95	94	96	97	93			477	
Brown	Steven Breeze	WCOC	M45	91		86	86	86	91	85			440	
Brown	Colin Valentine	WCOC	M55	90		84	85	87		82			428	
Blue	David Spencer	WCOC	M45	99	99	99	98	96	99	99			495	2288
Blue	Michael Billingham	WCOC	M55	98	97	95	99	99					488	
Blue	Joe Sunley	WCOC	M14		95	93	80	88	90	97			463	
Blue	Chris Pollitt	WCOC	M55	82	81	90	88	87	83				430	
Blue	Graham Watson	WCOC	M55	79	73	88	86	86					412	
Green	Jessica Breeze	WCOC	W16		73		90	92	96	91			442	2162
Green	Richard Cummings	WCOC	M55	83	86	85	87	93	90	82			441	
Green	Lily Regan	WCOC	W16		85	96	97		81	81			440	
Green	Anne Burbidge	WCOC	W55	81	77	92		85	91				426	
Green	Vanessa Brierley	WCOC	W45	89	80	86	79	68	79	72			413	
S Green	David Rodger	WCOC	M16	85		96	99		94	99			473	1790
S Green	Andy Rodger	WCOC	M50	99			93		98	98			388	
S Green	Elizabeth Elliott	WCOC	W65	96		95			95	92			378	
S Green	James Birkinshaw	WCOC	M14	98					96	85			279	
S Green	Gwen Rea	WCOC	W65		92	92			88				272	
L Green	Wilfrid Teasdale	WCOC	M12		95	95	99	98	99	99			490	2216
L Green	Herbie Ashworth	WCOC	M14		97	99	96	96		98			486	
L Green	Henry Teasdale	WCOC	M14	99		96	97	97	94	96			485	
L Green	Jonty Goodwin	WCOC	M14	97	89	94	98	99	90	97			485	
L Green	Clare Rodger	WCOC	W14			89	92	89					270	
Orange	Hannah Birkinshaw	WCOC	W10			89			99	90			278	656
Orange	Isabel Sunley	WCOC	W12				96						96	
Orange	Clare Rodger	WCOC	W14		94								94	
Orange	Isaac Hunter	WCOC	M10							94			94	
Orange	James Birkinshaw	WCOC	M14			94							94	
Yellow	Myrtle Ashworth	WCOC	W10		95		97	98	93	96			479	1356
Yellow	Isaac Hunter	WCOC	M10	99	98		99			97			393	
Yellow	Hiroki Holmes	WCOC	M10			99	98						197	
Yellow	Tommy Hardy	WCOC	M10						97	93			190	
Yellow	Philippa Hardy	WCOC	W45						97				97	
WCOC													12787	

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Brown	Harry Scott	LOC	M18	97	97	97	98	99	98	95			489	2019
Brown	Iain Smith-Ward	LOC	M45	95	92		91	95	92	88			465	
Brown	Mark Simmonds	LOC	M50	94	84	85	89		93	84			445	
Brown	Derek Fryer	LOC	M60			83	84	88		81			336	
Brown	Graham Patten	LOC	M55			94	96			94			284	
Blue	Heather Heppenstall	LOC	W35		94	92	97		97	92			472	2164
Blue	Chris Heppenstall	LOC	M35		89	91	90	92	95				457	
Blue	Graham Capper	LOC	M55	87	82	89	89			90			437	
Blue	Lindsey Bayles	LOC	W55	81	72	71	81	78	92				404	
Blue	Jackie Chapman	LOC	W55	76	68	76	74		85	83			394	
Green	Ellie Simmonds	LOC	W14	99	87	91	95			88			460	2061
Green	Mathew Haddow	LOC	M18	63	78	93	91	91	93				446	
Green	Janet Nash	LOC	W65	76	70	83	83	77	69	77			396	
Green	Liam Woodend	LOC	M16	81	60	81		86	80				388	
Green	John Pullin	LOC	M65		63	80	81	71		76			371	
S Green	Alan Heppenstall	LOC	M75	86	94			87		82			349	1112
S Green	Stan Johnston	LOC	M80	95	99				93				287	
S Green	Rebecca Holland	LOC	W40	97				99					196	
S Green	Diana McClure	LOC	W65		96					86			182	
S Green	Andrew Smith	LOC	M70		98								98	
L Green	Lucy Gibson	LOC	W14		98	97	95	88	98				476	1781
L Green	Alice Wood	LOC	W14	91		98	93	95					377	
L Green	Sophie Evans	LOC	W14		92	93	94	94					373	
L Green	Christopher Wilson	LOC	M14	94		91		91	89				365	
L Green	Emily Turner	LOC	W14						95	95			190	
Orange	Gillian Wells	LOC	W12	95	96	97		98	97				483	1913
Orange	Jess Evans	LOC	W12	93	97	96	94	97					477	
Orange	Ella Wood	LOC	W12	88		92	92	95					367	
Orange	Emily Turner	LOC	W14	97	98		98						293	
Orange	Rebecca O'Donovan	LOC	W14	99	99		95						293	
Yellow	Luke Simmonds	LOC	M12		97					99			196	585
Yellow	Laura Brown	LOC							99				99	
Yellow	Tom Nicholson	LOC	M12	98									98	
Yellow	Oliver Potts	LOC	M14	96									96	
Yellow	Roxana Gittins	LOC	W14		96								96	
LOC													11635	

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Brown	Dan Parker	BL	M55		89			92	96				277	1146
Brown	Karen Parker	BL	W50		85			90	94				269	
Brown	Andy Lewsley	BL	M60		88	87	87						262	
Brown	Alan Hartley	BL	M40		86			91					177	
Brown	Paul David Williams	BL	M65		81					80			161	
Blue	Debbie Thompson	BL	W60	85	77	70	84		81	84			411	1732
Blue	Raymond Wren	BL	M70	65	88	74	67	79		86			394	
Blue	Stella Lewsley	BL	W60		87				88	89			347	
Blue	Isabel Berry	BL	W35	72		77	72			80			301	
Blue	Jenny Wren	BL	W65	62	69	73				75			279	
Green	Philip Nichols	BL	M60	71	61	73	66	70	64	69			349	1397
Green	Dick Whitworth	BL	M75	62	59		60	67	68	66			323	
Green	Gerry Garvey	BL	M50	67				72	71	73			283	
Green	Jenny Wren	BL	W65				75	76	85				236	
Green	Karen Blackburn	BL	W70	69		78	59						206	
S Green	Jane Yates	BL	W45	94	95	94	96			89			468	1641
S Green	Richard Moss	BL	M75				94	94	92	83			363	
S Green	Angela Whitworth	BL	W75		91		91	86	86				354	
S Green	Shirley Moss	BL	W70			93		93	89				275	
S Green	Anita Evans	BL	W60	91					90				181	
L Green	Janice Nichols	BL	W55					83	91	93			267	542
L Green	Laura Hazelhurst	BL	W14					84	93				177	
L Green	Kate Kilpatrick	BL	W45	98									98	
Orange	Maisy Yates	BL	W14			91	93			96			280	853
Orange	Charlotte Gaines	BL	W40						98	95			193	
Orange	Laura Hazelhurst	BL	W14	94			97						191	
Orange	Thomas Rawle	BL	M14							97			97	
Orange	Isabel Gaines	BL	W12							92			92	
Yellow	Maria Gaines	BL	W10						94	95			189	663
Yellow	Maisy Yates	BL	W12	93	94								187	
Yellow	Isabel Gaines	BL	W12						98				98	
Yellow	Sam Hunt	BL	M12	97									97	
Yellow	Lewis Yates	BL	W10		92								92	
BL													7974	

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Blue	Stuart Parker	WAROC	M50			96	87	94					277	277
Green	Julia Laverack	WAROC	W55	90	91	90	93		97	92			463	463
S Green	Lucie Kelly	WAROC	W35					97		93			190	190
L Green	Isobel Kelly	WAROC	W14					93					93	93
Orange	Hazel Laverack	WAROC	W14			90	91			91			272	568
Orange	James Kelly	WAROC	M12					99		99			198	
Orange	Isobel Kelly	WAROC	W14							98			98	
Yellow	Eddie Kelly	WAROC	M10					99		98			197	389
Yellow	Kirsty Laverack	WAROC	W16		99								99	
Yellow	Hazel Laverack	WAROC	W14		93								93	
WAROC													1980	