

Course	Name	Club	Age Classes	Black Beck, Bouth (LOC)	Coombs Wood, Armathwaite (BL)	Graythwaite (LOC)	Muncaster Fell (WCOC)	Watermillock (BL)	Threlkeld Knotts (WCOC)	Sale Fell (WCOC)	Bannisdale (LOC)	Tarn Hows (LOC)	Hawse End (WCOC)	Best 5
Brown	Steve Birkinshaw	WCOC	M40	99	99	99	99	99						495
Brown	Michael Billinghamurst	WCOC	M50	95		97	98	96		98				484
Brown	Alan Irving	WCOC	M40		97	94	93	93					95	472
Brown	David Spencer	WCOC	M40				91	92		94	95		89	461
Brown	Mike Harrison	WCOC	M40		90	90	92		94		92			458
Blue	John Noblett	WCOC	M45		99	93	99			99			95	485
Blue	Rosie Watson	WCOC	W18	89		90	87		95	91				452
Blue	Howard Leslie	WCOC	M45	87			94				86	88	92	447
Blue	Paul Jennings	WCOC	M45				78	87	84		94	95		438
Blue	Nick Moore	WCOC	M50					81	90	82		84	87	424
Green	Roger Thomas	WCOC	M50		99			99	95	97	99			489
Green	Susan Skinner	WCOC	W45	99	98		96			95		99		487
Green	Steven Breeze	WCOC	M40					98	91	98		92	96	475
Green	Tony Duncan	WCOC	M65		92	91	97			96	97			473
Green	Katrina Hemingway	WCOC	W16	97	91		90		92	94				464
S Green	Steve Telford	WCOC	M45		97		97	99	99			99		491
S Green	Anne Burbidge	WCOC	W50		99		98	98				96	99	490
S Green	Ian Lowles	WCOC	M45				96	96	98		98	98		486
S Green	Marguerite Pennell	WCOC	W70		91			93	97	89			96	466
S Green	Louise Hagan	WCOC	W20	92				92		98	94			376
L Green	Alastair Thomas	WCOC	M12				98	98		99	99	98		492
L Green	Katie Lowles	WCOC	W14				95	96		95	90		95	471
L Green	Kate Skinner	WCOC	W14		93		93	92	92	94				464
L Green	Matthew Whitby	WCOC	M14		86			97	88	93		96		460
L Green	Jenny Bradley	WCOC	W14				90	93	90	90		92		455
Orange	Chris Telford	WCOC	M12	99				97	98		95	98		487
Orange	Ruth Jennings	WCOC	W12							99	91	89	92	371
Orange	Daniel Spencer	WCOC	M12				92					96	99	287
Orange	Philip Jennings	WCOC	M14	91		93	99							283
Orange	Deborah Goodwin	WCOC	W50									94	96	190
Yellow	Ben Breeze	WCOC	M12	99	97	98					97	97		488
Yellow	Jessica Breeze	WCOC	W10		98	95			96	94	93			476
Yellow	Ruth Jennings	WCOC	W12	98		96	93	94	93					474
Yellow	Carys Thomas	WCOC	W10		95	97	92	91		97				472
Yellow	Niamh Hunter	WCOC	W10					99	98	98	96			391
WCOC														15574
Brown	Chris Heppenstall	LOC	M21				97		98	99	98	98		490
Brown	Carl Edmonds	LOC	M18	91		92	96		97	97				473
Brown	Richard Wilson	LOC	M55				94	87	93		93	92		459
Brown	Nick Howlett	LOC	M40	90	91	93		91		89				454
Brown	Derek Fryer	LOC	M55		89		88				90	84	87	438
Blue	Sam Jefferson	LOC	M16	86			98	95	92	92				463
Blue	Patrick Rigg	LOC	M16			89		93	91	88	99			460
Blue	Simon Filmore	LOC	M55	94	90		85	91					88	448
Blue	Stephen Edge	LOC	M45		91			89			84	92	84	440

Blue	Rebekah Beadle	LOC	W45	84	90	84	88	91				437
Green	Natalie Beadle	LOC	W16	96	97	96	98		98			485
Green	Jo Cleary	LOC	W45			94	88	93	91	95		461
Green	Karen Farley	LOC	W50		86	83		75			87	418
Green	Gill Browne	LOC	W55	83			84		82	91	72	412
Green	Anne Wilson	LOC	W55	65			84	78	62	74		363
S Green	Stan Johnston	LOC	M75	95	98			94		94	95	476
S Green	Verena Johnston	LOC	W75		86	83		88		92	94	443
S Green	Alan Heppenstall	LOC	M65	82			91	85		86	86	430
S Green	Margaret Buckley	LOC	W60	79	82	75				88	88	412
S Green	Bob Stewardson	LOC	M80	87		81			95			263
L Green	Hannah Cleary-Hughes	LOC	W14	95		98	99		99	98		489
L Green	Lois Jefferson	LOC	W14	92	99		96		98	97		482
L Green	Andrew Brockbank	LOC	M14	91	97	96			94		95	473
L Green	Kirsten Bell	LOC	W14		94	92	94		97		94	471
L Green	Matt Edge	LOC	M16	87	92			90			91	453
Orange	Callum Mitchell	LOC	M14		98		98		99	99	99	493
Orange	Daisy Fletcher-Cooney	LOC	W12	94	99				97	97	97	484
Orange	Grace Pugh	LOC	W12		96			98	96	96		484
Orange	Thomas Edmonds	LOC	M12	96		95	97		95	97		480
Orange	Catherine Alice Steur	LOC	W12		93	87				90	94	364
Yellow	Harry Scott	LOC	M12							99	99	297
Yellow	Sam Yates	LOC	M12							87	98	283
Yellow	Ryan Smith	LOC	M12							98	78	268
Yellow	Jack Caine	LOC	M12							90	82	255
Yellow	Katrina McMeekin	LOC	W12							91	87	178
LOC											14679	

Brown	Dan Parker	BL	M45		95					91	94	468
Brown	Karen Parker	BL	W45		96					88	96	460
Brown	Paul Gaines	BL	M40		94				95	92		281
Brown	Raymond Wren	BL	M65								85	171
Blue	Andy Lewsley	BL	M55	97	97		96	98	96			484
Blue	David Mainwaring	BL	M45	92	96	80		96			95	459
Blue	Paul Johnson	BL	M60	91				86		93	96	449
Blue	Mike Cumpstey	BL	M65			71	71		77	71	81	371
Blue	Richard Evans	BL	M55		75					72	72	356
Green	Gary Newman	BL	M45					96	90	92	89	457
Green	Richard Moss	BL	M65	72	84		70			79	86	391
Green	Philip Nichols	BL	M50	74	95		72			77		387
Green	Dick Whitworth	BL	M70		87		79	80	70	70		386
Green	Joan Cumpstey	BL	W60			76	78		69	71	83	377
S Green	Louise Wilson	BL	W70				94	91		97	93	470
S Green	Shirley Moss	BL	W65	91	93		95		93		95	467
S Green	Barbara Plant	BL	W70		89		87		92		89	447
S Green	Gerald Wilson	BL	M70		84	80	90			90	92	436
S Green	Anita Evans	BL	W55	80	85				90	87	90	432
L Green	James Newman	BL	M16		90				96	96	97	476
L Green	Mary Nayar	BL	W55		84			80	84	86	89	423
L Green	Emily Brown	BL	W12		89		91	87			92	359
L Green	Angus Moffatt	BL	M14		87						97	184
L Green	Helen Moffatt	BL	W12								94	94
Yellow	Suzanne Morley	BL	W14	94	99			90				283
Yellow	Elizabeth Morley	BL	W12	95	90			93				278
Yellow	Robbie Farthing	BL	M10		92	91						183
Yellow	Charlotte Gaines	BL	W35					96				96
Yellow	Elizabeth Farthing	BL	W40		91							91
BL											10216	

Brown	Malcolm Campbell	WAROC	M60			89			91		180	
Brown	Martin Bagness	WAROC	M50			98					98	
Brown	Brendan Bolla	WAROC	M40	98							98	
Blue	Andrew Whitehead	WAROC	M45			68	77	79	77	83	384	
Blue	Stuart Parker	WAROC	M45			95		94		99	288	
Blue	Ian Ramsay	WAROC	M45			83	81			97	261	
Blue	Liz Campbell	WAROC	W55			85				89	174	
Blue	Susan Clough	WAROC							75	85	160	
Green	Julia Laverack	WAROC	W45	79		93		94		97	363	
Green	Rose Lord	WAROC	W21	87	93	90				93	363	
Green	Ian Ramsay	WAROC	M45	90	90					84	264	
Green	David Binks	WAROC	M60	86		72	92				250	
Green	Brian Clough	WAROC							99		99	
S Green	Rachel Osborn	WAROC	W35	94				97			191	
S Green	Lucie Kelly	WAROC							93		93	
S Green	Jim Evans	WAROC	M40	90							90	
L Green	Sally Capewell	WAROC	W50						96	84	180	
L Green	Brian Clough	WAROC	M50							99	99	
L Green	David Binks	WAROC	M60							98	98	
Orange	Anna Clough	WAROC	W12			97			93	98	93	474
Orange	Hector Meanwell	WAROC	M12	89		99						188
Orange	Fergus Meanwell	WAROC	M07	95								95
Orange	Amy Whitehead	WAROC	W16	88								88
Orange	Rachel Whitehead	WAROC	W16							88		88
Yellow	Kirsten Ramsey	WAROC	W12		93	99	98			84		374
Yellow	Kirsty Laverack	WAROC	W10	97		92				80	86	355
Yellow	Jennifer Ramsey	WAROC	W10		94		96		91			281
Yellow	Peter Clough	WAROC	M9					98	92			190
Yellow	Keith Jones	WAROC	M50	96								96
WAROC											5962	

Blue	Sarah Jones	BARRO	W14			77		89			166
Blue	Simon Austin	BARRO	M21							96	96
Green	Cerys Jones	BARRO				87					87
Green	Jonathan Austin	BARRO	M18							86	86
Green	Mark Jones	BARRO						82			82
S Green	Gerald Babb	BARRO	M80	76				83			159
L Green	Gerald Babb	BARRO	M80			75				81	156
L Green	Simon Austin	BARRO	M21			99					99
L Green	Jonathan Austin	BARRO	M18			90					90
BARRO											1021